

The Living Word

Fourteenth Sunday in Ordinary Time, Year A

9 July 2023

First Reading Zec 9:9-10

See how humbly your king comes to you!

The Lord says this:

‘Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.’

Responsorial Psalm

Ps 144:1-2. 8-11. 13-14. R. v.1

**(R.) I will praise your name for ever,
my king and my God.**

or

(R.). Alleluia!

1. I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. (R.)
2. The Lord is kind and full of
compassion,
slow to anger, abounding in love.

How good is the Lord to all,
compassionate to all his creatures.
(R.)

3. All your creatures shall thank you,
O Lord,
and your friends shall repeat their
blessing.
They shall speak of the glory of your
reign
and declare your might, O God. (R.)
4. The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed
down. (R.)

Second Reading Rom 8:9.11-13

*If by the Spirit you put an end to the misdeeds of the body,
you will live.*

Your interests are not in the unspiritual,
but in the spiritual, since the Spirit of
God has made his home in you. In fact,
unless you possessed the Spirit of Christ
you would not belong to him, and if the
Spirit of him who raised Jesus from the
dead is living in you, then he who raised
Jesus from the dead will give life to your
own mortal bodies through his Spirit
living in you.

So then, my brothers, there is no
necessity for us to obey our unspiritual
selves or to live unspiritual lives. If you
do live in that way, you are doomed to
die; but if by the Spirit you put an end to
the misdeeds of the body you will live.



Gospel Acclamation See Mt 11:25

Alleluia, alleluia!

***Blessed are you, Father, Lord of
heaven and earth;
you have revealed to little ones the
mysteries of the kingdom.
Alleluia!***

Gospel Mt 11:25-30

I am gentle and humble of heart.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

Reflection by Greg Sunter

When we hear the term, yoke, we tend to think about the yoke that is used to harness oxen together or the yoke that someone might carry on their shoulder to balance a heavy load. This yoke across the shoulder was adopted into tailoring and so the shoulder piece set into a shirt is also called a yoke. However, in the Jewish tradition there is a completely different meaning to the term. The yoke of a rabbi was his particular interpretation of Torah (the Law); his particular teaching. Disciples who followed a particular rabbi sought to take on his yoke; his particular interpretation. The yoke of any rabbi was best identified by asking him, 'Which is the greatest commandment?' A rabbi's answer to this question revealed his interpretation of Torah. When Jesus is asked that question, he answers, 'Love God and love your neighbour,' and goes on to say that all of the rest of the Law and the prophets flows on from these two commandments. This is the yoke – the interpretation of Torah – that Jesus taught.

In today's gospel, Jesus calls to him all those who labour and are overburdened. It is the Pharisaic interpretation of the Law that burdens these people. Trying to maintain the Law was burdensome and complicated for the everyday person. Jesus says, 'Shoulder my yoke and learn from me ... my yoke is easy.' The yoke of Jesus was easy: Love God and love your neighbour. Compared to the 613 *mitzvot* (commands) set out in the Torah and strictly maintained by the Pharisees, the yoke of Jesus was incredibly easy to understand and adopt. So simple, in fact, that it required a child-like simplicity to accept this yoke.

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HOLY TRINITY

CATHOLIC PARISH

Incorporating the Mass centres and communities of

Holy Family	Our Lady Star of the Sea	Holy Trinity
101 Hitchcock Av	68 John Dory Drive	34 Stevens St
Barwon Heads	Ocean Grove	Queenscliff

We acknowledge the traditional custodians of the land on which we gather, the Wathaurong people. We pay our respects to them for their care of the land. May we walk gently and respectfully in the land.

We are committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

PASTORAL TEAM

Rev Fr Darien J Sticklen
Parish Secretary: Mrs Daniella Sutura
Safeguarding & Admin Support: Ms Jennie Ryan
Parish Mission Ambassador: Ms Josephine Barnes

Baptism Preparation:

Mrs Bel Campbell, Mrs Margaret-Mary Flynn, Mrs Maria Sammut

Holy Communion to the sick:

Jo Ballard, Sue Condon, Judy Considine, Louise Frances, Genevieve Malone, Eva Millie, David O'Connor, Majella O'Connor, Von Philp

For all other parish ministries, including RCIA, Sacramental Program, Men Alive, Faith Development & Spirituality Group, St Vincent de Paul local Conference, Trinity Aid for Refugees, etc., please visit:

www.holytrinityqueenscliff.org.au

PARISH OFFICE & PRESBYTERY

34 Stevens Street, Queenscliff 3225

Telephone: (03) 5258 1673

Email: queenscliff@cam.org.au

OFFICE HOURS

Tuesday, Wednesday, Thursday, Friday
10:00am to 1:00pm (excluding public holidays)

PARISH PRIMARY SCHOOLS

St. Aloysius, Queenscliff
Principal: Ms. Miriam Leahy, Tel: 5258 1736
Our Lady Star of the Sea, Ocean Grove
Principal: Ms. Kerry Sells, Tel: 5255 4308

WEEKEND MASS TIMES

BARWON HEADS: Saturday Vigil 6:00pm
OCEAN GROVE: Sunday 9:00am
QUEENSCLIFF: Sunday 11:00am

WEEKDAY MASS TIMES

Please see below: Liturgy in our Parish this week

THE SACRAMENT OF RECONCILIATION

is available prior to each weekend Mass, and before or after weekday Masses if needed.

BAPTISMS & WEDDINGS

Visit our website for all information or contact Parish office
www.holytrinityqueenscliff.org.au/sacraments/

COLUMBARIUM

Please visit www.holytrinityqueenscliff.org.au/about-us/parish-columbarium/

14th Sunday in Ordinary Time, Year A

Recently Deceased: Rev Prof Austin Cooper omi AM.

Anniversaries 9th July to 15th July: Max Willmott, Michael O'Neill, Paul Larkins, Roisin Peck, Kath McCormack, Betty Tobin, John Hume, Yvonne (Bonnie) Ryan and Minnie Roberts.

Please pray for those who are Sick: Elly Anwyl, Peg Benham, Naomi Bianco, Mary Blonk, Peter Bourke, Ron & Helen Carter, Sam Caruana, Brian Cotter, Jack Davin, Pat Dickeson, Ian Downing, Robert Drummond & Patti Semler, Gloria Forbes, Nell Faigneux, Kay Freyne, Ross Gilham, Margaret Gladstone, Martin & Mary Grundy, Peter Harrington, Jeannette Hodgkinson, Gregory Holien, Robert & Lyne Horner, Robert Hurley, Melissa Keogh, Gary Kingsbury, Hilda Koerntjes, Margaret Lomas, Toni Lukauskas, George Marshall, Belinda Monterosso, Annette Mullany, Christine Naulty, Frank Nelson, Helen Pearce, Cecilia Piec, Mavourneen Ray, Margaret Renwick (Snr), Geraldine Richards, Sean Richards, Betty Rushton, Jeannett Stevens, Mary Sullivan, Pam Sullivan, Kevin Teasdale, Deanne Warren, Susan Weston, Michelle Williams, Peter Williams and Shirley Woodruff.

ROSTERS

If you are unable to meet your commitment on your day, please arrange a substitute. Thank you!

COMMENTATOR (C), LECTOR (L), SPECIAL MINISTER (SM),
WELCOMERS (W), PROJECTIONIST (P)

OCEAN GROVE: 16th July at 9:00am:

(C) Janine Fitzpatrick (L) Lachlan Fitzpatrick (SM) Dan O'Meara, Florentina Romeo (W) Michael & Barbara Hardy.

QUEENSCLIFF: 16th July at 11:00am:

(C) Adrian Scott (L) Diana Scott (SM) Angela Hatch (W) Tony Frizza.

COUNTERS: Tuesday 11th July at 10:00am:

Remo & Naomi Bianco.

SAFEGUARDING – IMPORTANT UPDATE – 5TH JULY 2023

The "Safeguarding Essentials" group training is happening! We strongly encourage volunteers who have not completed the online course to attend. The training session is mandatory for all volunteers who give their time in any capacity. We look forward to seeing you there!

Date: Saturday 8th July **Time:** 1pm to 2:30pm

NEW Location: Our Lady Star of the Sea School, Ocean Grove

WE LOOK FORWARD TO SEEING YOU!

We appreciate your understanding and support as we work together to comply with our legal requirements. Safeguarding is everyone's responsibility.

** NEWS & EVENTS **

If you need Pastoral care & support, or you are aware of others who may need assistance, please phone our Parish office. Mobile number for emergencies is on the recorded message.

St Vincent de Paul Society meeting – Thursday 13th July: following morning Mass at Ocean Grove. All welcome.

Souper Saturday at Holy Family, Barwon Heads - Saturday 22nd July: following 6:00pm Vigil Mass. All welcome.

Trinity Singers invites all members of the congregation to join us at a practice in Holy Trinity Church this Sunday (9th July) at 4:00pm as we learn the Gloria for our Mass. We hope to sing this during upcoming Masses.

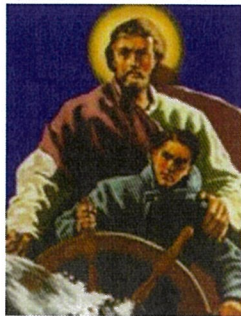
Trinity Aid for Refugees (TAR): anyone wanting to give support could email shirleyhurley@inet.net.au or donate directly to Wesley Church Welcome Place: BSB 633 000, Account 160 305 066. You are welcome to visit Queenscliff Rural Aid for Refugees www.queenscliffar.org.

Andrew Chinn Concert – Tuesday 11th July: Australian religious songwriter and singer, Andrew Chinn, will be visiting St Aloysius School to share his songs with the children. The concert will take place this Tuesday, in the Sr Patrice Room, at 2:00pm. All parishioners are welcome.

Building works and renovations at St Aloysius School are set to begin on Tuesday 4th July until 11th September. The school is undergoing bathroom and classroom renovations during this time. Temporary toilets will be located out the front of the school (on the grass area between the church and school). This is where they were also placed last time there were building works done on the school.

Please send in bulletin notices by 1pm on Thursdays

This Sunday, we observe the Apostleship of the Sea. We pray for all sailors, their families, and all who care for them:



TAR Catholic Social Justice Corner (weekly update): From the Address of Pope St John Paul II to the Aborigines and Torres Strait Islanders in Alice Springs, Nov. 1986... "You had a great respect for the need which people have for law, as a guide to living fairly with each other. So you created a legal system closely adapted to the country in which you lived your lives. It made your society orderly. It was one of the reasons why you survived in this land".

We say farewell to St Sebastian Mission Syro-Malabar community from Holy Family, Barwon Heads: this weekend, Sunday 9th July, will be the final Mass for the Syro-Malabar community in Barwon Heads. The St Sebastian Mission is relocating to St Margaret's Church in Geelong, as their community continues to grow. St Sebastian Mission kindly invites all parishioners of Holy Trinity Parish to their 'Blessing the Church and Holy Qurbana' with Bishop Mar John Panamthottathil CMI on Sunday 16th July at 10am at St Margaret's Church (46 Lomond Terrace, East Geelong). All details on poster in each Church narthex.

WINTER REFLECTION SESSIONS

The Faith Development and Spirituality Group (FDG) will have the final session, focusing on the Uluru Statement from the Heart:

Sunday 9th July from 2:30-4pm.

Location: Our Lady Star of the Sea Primary School, Ocean Grove

If you are interested in attending, please advise Rhonda Boyd, Sandra

Gould or Kerin Fox by either phone or email:

Rhonda: 0428 933 673 | rboyd1@vtown.com.au

Sandra: 0418 537 941 | Sandra@salmandra.com

Kerin: 0407 519 585 | foxeskb@gmail.com

Come join us as we reflect and walk together.

Friends of Faith and Light Geelong Christian community: You are invited to our next Gathering on **Saturday 15th July from 2-4:30pm.** Venue: St Mary's Parish Offices (1st floor, 150 Yarra Street). Theme: Our community at prayer. Fiesta Afternoon tea. "Persons with disabilities come to the meeting as people who are waiting for that special moment of gathering, fellowship, prayer and sharing." – Fr Louis. www.faihandlight.org. Enquire to coordinators Tricia O'Keeffe on 0414 672 267 or Kevin Mark via Kevin@stmarysgeelong.com.au.

Alpha Geelong: St Mary's Parish Geelong is hosting an Alpha Course starting in July 2023. Alpha is for anyone who is considering the BIG questions that seem unanswerable. The program is based around the Australian Catholic Context film series. It begins on Thursday, July 20 from 7-9pm at the Pioneer Room (150 Yarra St, Geelong). For further information or to express your attendance contact us via email or phone before July 14, 2023. Parish office: admin@stmarysgeelong.com.au or 5222 1977.

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LITURGY IN OUR PARISH THIS WEEK

Monday 10th July – Weekday, Ordinary Time 14

Tuesday 11th July – St Benedict (Memorial)

9:15am Liturgy of the Word with Holy Communion
at Our Lady Star of the Sea, Ocean Grove

Wednesday 12th July – Weekday, Ordinary Time 14

9:15am Liturgy of the Word with Holy Communion
at Holy Trinity, Queenscliff

11:00am Mass with Anointing at Arcare, Point Lonsdale

Thursday 13th July – St Henry (Memorial)

9:15am Liturgy of the Word with Holy Communion
at Our Lady Star of the Sea, Ocean Grove

Friday 14th July – St Camillus de Lellis (Memorial)

9:15am Liturgy of the Word with Holy Communion
at Holy Trinity, Queenscliff

Saturday 15th July – St Bonaventure (Memorial)

Sunday 16th July – 15th SUNDAY in ORDINARY TIME

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Thought for the Week:

Three things in human life are important.

The first is to be kind.

The second is to be kind.

And the third is to be kind.

– Henry James.

+ + +



Anthony & Letitia Dowling
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