

The Living Word

The Most Holy Body and Blood of Christ, Year A

11 June 2023

First Reading Dt 8:2-3, 14-16

He gave you food which you and your ancestors did not know.

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'

Responsorial Psalm

Ps 147:12-15. 19-20. R. v.12

(R.) Praise the Lord, Jerusalem.
or

(R.) Alleluia!

1. O praise the Lord, Jerusalem!
Zion, praise your God!
He has strengthened the bars of your
gates,
he has blessed the children within you. (R.)

2. He has established peace on your
borders,
he feeds you with finest wheat.
He sends out his word to the earth
and swiftly runs his command. (R.)
3. He makes his word known to Jacob,
to Israel his laws and decrees.
He has not dealt thus with other nations;
he has not taught them his decrees. (R.)

Second Reading 1 Cor 10:16-17

Though we are many, we form a single body because we share this one loaf.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

Gospel Acclamation Jn 6:51-52

Alleluia, alleluia!

***I am the living bread from heaven,
says the Lord;
whoever eats this bread will live for ever.
Alleluia!***

Gospel Jn 6:51-58

My flesh is real food and my blood is real drink.

Jesus said to the Jews:

'I am the living bread which has come
down from heaven.
Anyone who eats this bread will live for
ever;



and the bread that I shall give
is my flesh, for the life of the world.'

Then the Jews started arguing with one
another: 'How can this man give us his

flesh to eat?' they said. Jesus replied:
'I tell you most solemnly,
if you do not eat the flesh of the Son of
Man

and drink his blood,
you will not have life in you.

Anyone who does eat my flesh and drink
my blood

has eternal life,
and I shall raise him up on the last day.

For my flesh is real food
and my blood is real drink.

He who eats my flesh and drinks my blood
lives in me
and I live in him.

As I, who am sent by the living Father,
myself draw life from the Father,
so whoever eats me will draw life from me.
This is the bread come down from heaven;
not like the bread our ancestors ate:
they are dead,
but anyone who eats this bread will live
for ever.'

Reflection by Greg Sunter

The feast of the Body and Blood of Christ, also known as *Corpus Christi*, celebrates and commemorates the institution of the Eucharist at the Last Supper. Although the liturgy on Holy Thursday remembers the celebration of the Last Supper, its focus tends to be more aligned with the events of the Passion rather than on the institution of the Eucharist. In the 13th Century, Pope Urban IV established the feast of Corpus Christi (the Body of Christ) and it was St Thomas Aquinas who composed the official prayers of the Church for the feast day. In 1970 the feast was changed to the Solemnity of the Body and Blood of Christ. In some countries it is celebrated on the Thursday following Trinity Sunday and in others on the following Sunday.

The gospel passage comes from the 6th chapter of the gospel of John in which the gospel writer has Jesus deliver an extended discourse on the image of himself as the Bread of Life. This passage comes from the end of that discourse and, in this relatively short passage, Jesus repeatedly demands that his followers must eat his flesh and drink his blood. It is through these actions that his followers will share in eternal life. Jesus says that whoever does this will live in him and he will live in them. That is one of the fundamental beliefs about the Eucharist. When we receive the body and blood of Jesus in the Eucharist we become what we receive – we become Christ's body in the world. When Jesus called his disciples, he called them to be like himself. He reissues that call to be like him every time we receive his body and blood in Eucharist.

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HOLY TRINITY

CATHOLIC PARISH

Incorporating the Mass centres and communities of

Holy Family 101 Hitchcock Av Barwon Heads	Our Lady Star of the Sea 68 John Dory Drive Ocean Grove	Holy Trinity 34 Stevens St Queenscliff
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We acknowledge the traditional custodians of the land on which we gather, the Wathaurong people. We pay our respects to them for their care of the land. May we walk gently and respectfully in the land.

We are committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

PASTORAL TEAM

Rev Fr Darien J Sticklen
Parish Secretary: Mrs Daniella Sutera
Safeguarding & Admin Support: Ms Jennie Ryan
Parish Mission Ambassador: Ms Josephine Barnes

Baptism Preparation:

Mrs Bel Campbell, Mrs Margaret-Mary Flynn, Mrs Maria Sammut

Holy Communion to the sick:

Jo Ballard, Sue Condon, Judy Considine, Louise Frances, Genevieve Malone, Eva Millie, David O'Connor, Majella O'Connor, Von Philp

For all other parish ministries, including RCIA, Sacramental Program, Men Alive, Faith Development & Spirituality Group, St Vincent de Paul local Conference, Trinity Aid for Refugees, etc., please visit:

www.holytrinityqueenscliff.org.au

PARISH OFFICE & PRESBYTERY

34 Stevens Street, Queenscliff 3225

Telephone: (03) 5258 1673

Email: queenscliff@cam.org.au

OFFICE HOURS

Tuesday, Wednesday, Thursday, Friday
10:00am to 1:00pm (excluding public holidays)

PARISH PRIMARY SCHOOLS

St. Aloysius, Queenscliff
Principal: Ms. Miriam Leahy, Tel: 5258 1736
Our Lady Star of the Sea, Ocean Grove
Principal: Ms. Kerry Sells, Tel: 5255 4308

WEEKEND MASS TIMES

BARWON HEADS: Saturday Vigil 6:00pm
Sunday 9:30am, Mass for St Sebastian
Mission, Syro-Malabar Community
(Malayalam language)
OCEAN GROVE: Sunday 9:00am
QUEENSCLIFF: Sunday 11:00am

WEEKDAY MASS TIMES

Please see below: Liturgy in our Parish this week

THE SACRAMENT OF RECONCILIATION

is available prior to each weekend Mass,
and before or after weekday Masses if needed.

BAPTISMS & WEDDINGS

Visit our website for all information or contact Parish office
www.holytrinityqueenscliff.org.au/sacraments/

COLUMBARIUM

Please visit www.holytrinityqueenscliff.org.au/about-us/parish-columbarium/

The Most Holy BODY and BLOOD of CHRIST (Corpus Christi), Year A

Recently Deceased: Colleen Morgan.

Anniversaries 11th June to 17th June: Marie Wallis, Noreen Granger, Mary Drury, Ron Norton, Ian McPherson, Rejane Stevenson, Adam Wood, Eleanor Campbell, Jessie Reid, Mildred Donnelly, Marie Purcell and Carmel Conte.

Please pray for those who are Sick: Elly Anwyl, Peg Benham, Naomi Bianco, Mary Blonk, Peter Bourke, Ron & Helen Carter, Sam Caruana, Brian Cotter, Connie D'Amico, Jack Davin, Pat Dickeson, Ian Downing, Robert Drummond & Patti Semler, Gloria Forbes, Nell Fraigneux, Kay Freyne, Ross Gilham, Margaret Gladstone, Martin & Mary Grundy, Peter Harrington, Jeannette Hodgkinson, Gregory Holien, Robert & Lyne Horner, Kerin Hoye, Robert Hurley, Melissa Keogh, Gary Kingsbury, Hilda Koerntjes, Margaret Lomas, Toni Lukauskas, George Marshall, Belinda Monterosso, Annette Mullany, Christine Naulty, Frank Nelson, Helen Pearce, Cecilia Piec, Mavourneen Ray, Margaret Renwick (Snr), Geraldine Richards, Sean Richards, Betty Rushton, Jeannett Stevens, Mary Sullivan, Pam Sullivan, Kevin Teasdale, Aldo Trentini, Deanne Warren, Susan Weston, Michelle Williams, Peter Williams and Shirley Woodruff.

ROSTERS

*If you are unable to meet your commitment on your day,
please arrange a substitute. Thank you!*

COMMENTATOR (C), LECTOR (L), SPECIAL MINISTER (SM),
WELCOMERS (W), PROJECTIONIST (P)

OCEAN GROVE: 18th June at 9:00am:

(C) Jenny Cole (L) Monica Meagher (SM) Luci Quinn, Dan O'Meara
(W) Remo & Naomi Bianco.

QUEENSCLIFF: 18th June at 11:00am:

(C) Adrian Redfern (L) Michael Scott (SM) Ann Marie Furphy
(W) Roger Furphy.

COUNTERS: Tuesday 13th June at 10:00am:

John Calnin & Greg Carey.

SAFEGUARDING – IMPORTANT UPDATE – 6TH JUNE 2023

The "Safeguarding Essentials" group training has now been scheduled – details below. We strongly encourage volunteers that have not completed the online course to attend. The training session is mandatory for all volunteers who give their time in any capacity. We look forward to seeing you there!

Date: Saturday 8th July **Time:** 1pm to 2:30pm

Location: Our Lady Star of the Sea Church, Ocean Grove

Presenter: Rosemary Teed, Safeguarding Office for Western Region of Catholic Archdiocese of Melbourne

RSVP BY FRIDAY 30TH JUNE to Jennie Ryan at

Queenscliff.Safeguarding@cam.org.au or call the parish office.

Thank you to everyone that has reviewed and confirmed their "Volunteer Contact Information" document. To date, emails have been sent to members of the Pastoral Council Faith Development & Finance Committees and Counters. I would appreciate it if you could check your inbox for an email from Queenscliff Safeguarding, review the document and confirm the details or provide up to date information where necessary. We are still in the process of contacting all volunteers so don't worry if you haven't been contacted as yet.

www.holytrinityqueenscliff.org.au/safeguarding/parish-child-safe/

We appreciate your understanding and support as we work together to comply with our legal requirements. Safeguarding is everyone's responsibility.

** NEWS & EVENTS **

If you need Pastoral care & support, or you are aware of others who may need assistance, please phone our Parish office. Mobile number for emergencies is on the recorded message.

COUNTERS WANTED! If you are interested in joining the counters team, please contact Daniella at the parish office. A National Police Check (arranged via parish office) and WWCC are required.

Barwon Heads congregation & community meeting on Saturday 17th June at 5:30pm (before Vigil Mass). Hosted by Finance Committee. All welcome. Discussing ways to help maintain and grow our parish.

Please send in bulletin notices by 1pm on Thursdays

WINTER REFLECTION SESSIONS

The Faith Development and Spirituality Group (FDG) have prepared three winter reflection sessions focussing on The Uluru Statement from the Heart, which will be held in the Purple Hub at Our Lady Star of the Sea Primary School in Ocean Grove.

The dates are Sundays: 25th June, 2nd July and 9th July from 2:30-4pm; and fast approaching, so we are hoping for an indication of numbers to assist our final preparations.

If you are interested in attending one or more sessions, **please advise** Rhonda Boyd, Sandra Gould or Kerin Fox by either phone or email:

Rhonda: 0428 933 673 | rboyd1@vtown.com.au

Sandra: 0418 537 941 | Sandra@salmandra.com

Kerin: 0407 519 585 | foxeskb@gmail.com

If you forget to respond, do not worry! You are still very welcome to all or any of the sessions. **Come join us as we reflect and walk together.**

Upcoming annual appeal and special collection:

- St Vincent de Paul Society, Winter Appeal, will be held this weekend (10th-11th June).

Please give generously, as you always do.

Inner Peace in Divine Love – the First Spiritual Exercises of St Ignatius of Loyola: if you are interested in purchasing a copy of this book, please contact the parish office. Discounted cost is \$32.00.

TAR Catholic Social Justice Corner (weekly update): From the Address of Pope St John Paul II to the Aborigines and Torres Strait Islanders in Alice Springs, Nov. 1986..." For thousands of years this culture of yours was free to grow without interference by people from other places. You lived your lives in spiritual closeness to the land, with its animals, birds, fishes, waterholes, rivers, hills and mountains. Through your closeness to the land you touched the sacredness of man's relationship with God, for the land was the proof of a power in life greater than yourselves."

Geelong Catholic Diners Club: you are warmly invited to join us for a social get-together for food & friendship. **Tuesday 13th June at 6pm at The Bistro, Belmont Hotel** (High St, Belmont). Meals and drinks at own cost. RSVP to John Santospirito: 0409 165 943 or john.santospirito@bigpond.com.

Trinity Aid for Refugees (TAR): anyone wanting to give support could email shirleyhurley@iinet.net.au or donate directly to Wesley Church Welcome Place: BSB 633 000, Account 160 305 066.

Santa Casa, Queenscliff, is looking for another part time casual cook: school friendly hours (9am-3pm) and great working conditions! If you are interested, please contact Sr Lizzie Finnerty RSM on 0418 194 261 or email santacasa@ismapng.com.au.

The Ocean Grove Uniting Church: J.I.M. group cordially invites members of our Congregation to a special service on **Sunday 18th June**, when they will be recognising Refugee Week. The service will begin at 10:30am and be followed by a time of fellowship and morning tea. All welcome. - Dianne Sapwell, Secretary.

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LITURGY IN OUR PARISH THIS WEEK

Monday 12th June – Weekday, Ordinary Time 10

Tuesday 13th June – St Anthony of Padua (Memorial)
9:15am Mass at Our Lady Star of the Sea, Ocean Grove

Wednesday 14th June – Weekday, Ordinary Time 10
9:15am Mass at Holy Trinity, Queenscliff

Thursday 15th June – Weekday, Ordinary Time 10
9:15am Mass at Our Lady Star of the Sea, Ocean Grove
with OLSOS Year 5 students attending

Friday 16th June – The Most SACRED HEART (Solemnity)
9:15am Mass at Holy Trinity, Queenscliff

Saturday 17th June – The Immaculate Heart of the Blessed Virgin Mary (Memorial)

Sunday 11th June – 11th SUNDAY in ORDINARY TIME

+ + +

Thought for the Week:

Genius is 99% perspiration
and 1% inspiration.

- Thomas Edison.

+ + +



Ocean Eyes
OPTOMETRISTS

Anthony & Letitia Dowling
with the friendly team you know and trust.

2 Park Lane, Ocean Grove VIC 3226

Phone: 5255 5655

Email: info@oceaneyes.com.au

Visit: www.oceaneyes.com.au



St Vincent de Paul Society
good works

Vinnies No Interest Loan Scheme ("NILS")

Geelong Vinnies NILS provides people on pensions & low incomes with loans up to \$1500 for essentials such as whitegoods, TVs, computers, medical & dental services, car repairs, etc... with absolutely no interest or fees! For further information, contact Vinnies NILS Tel 5229 8829 or email enquiries.nils@vinniesnils.org.au.



Nelson Property
Transfer Services
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**Looking to buy, sell
or transfer property?**

Contact Frank Nelson

0413 017 053

bellarine@npts.com.au



FLETCHERS

LOCAL EXPERTS

74 HESSE STREET, QUEENSLIFF | 5258 2833

3/80 THE TERRACE, OCEAN GROVE | 5255 1721

bellarine@fletchers.net.au

fletchers.net.au

IT'S A FLETCHERS THING

CHARLIE'S MAINTENANCE CO

General maintenance, gardening, cleaning and tiling. Servicing the Bellarine and Geelong areas. Contact Charlie on 0413 609 170 or email charlie.sutera76@gmail.com.