**TAR List of suggested donations for the Geelong Welcome Place Foodbank**

* Long grain Basmati rice
* Vegetable oil, safflower oil, olive oil.
* Jars of minced garlic, ginger, chilli.
* Tinned lentils, chick-peas, tomatoes.
* Tinned tuna in oil.
* Tomato paste.
* Dried noodles and pasta.
* Honey, Peanut Butter, Nutella.
* Tins or tubs of peaches, pears, apricots, pineapple.
* Packets of dried fruit & nuts
* Packets of sultanas, raisins apricots, dates
* Packets of sweet biscuits, muesli bars, dry biscuits.
* Tea (green tea, black tea, earl grey)
* Instant coffee, Milo
* Toiletries (toothpaste, toothbrushes, shampoo, conditioner, soap, deodorant, moisturiser)
* Laundry detergent and dishwashing detergent.
* Tissues, Baby wipes.
* Treats for children.

(Health protocols require that all food items are packaged, sealed and

Within use by date.)