

# The Living Word

**Eighteenth Sunday in Ordinary Time, Year B**

**1 August 2021**

## **First Reading Ex 16:2-4, 12-15**

*I will rain bread from heaven upon you.*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God." And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

## **Responsorial Psalm**

**Ps 77:3-4. 23-25. 54. R. v.24**

**(R.) The Lord gave them bread from heaven.**

1. The things we have heard and understood,  
the things our fathers have told us,  
we will tell to the next generation:  
the glories of the Lord and his might. (R.)

2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. (R.)
3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. (R.)

## **Second Reading Eph 4:17, 20-24**

*Put on the new person that has been created in God's image.*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

## **Gospel Acclamation Mt 4:4**

**Alleluia, alleluia!**

**No one lives on bread alone,  
but on every word that comes from the  
mouth of God.**

**Alleluia!**

## **Gospel Jn 6:24-35**

*Whoever comes to me will never be hungry; whoever believes in me will never thirst.*

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:



'I tell you most solemnly,  
you are not looking for me  
because you have seen the signs  
but because you had all the bread you wanted  
to eat.

Do not work for food that cannot last,  
but work for food that endures to eternal life,  
the kind of food the Son of Man is offering you,  
for on him the Father, God himself, has set his  
seal.'

Then they said to him, 'What must we do if we are  
to do the works that God wants?' Jesus gave them  
this answer, 'This is working for God: you must  
believe in the one he has sent.' So they said, 'What  
sign will you give to show us that we should believe  
in you? What work will you do? Our fathers had  
manna to eat in the desert; as scripture says: He  
gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly,  
it was not Moses who gave you bread from  
heaven,  
it is my Father who gives you the bread from  
heaven,  
the true bread;  
for the bread of God  
is that which comes down from heaven  
and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus  
answered:

'I am the bread of life.  
He who comes to me will never be hungry;  
he who believes in me will never thirst.'

## Reflection by Dianne Bergant CSA

In many ways the Exodus story of the bread from heaven is very similar to last Sunday's accounts. However, the focus today is not divine prodigality shown through the overabundance of food, but total dependence on God. The bread comes from heaven, not merely because the food seems to come down from the sky, but because it comes from God. The restriction about collecting it was meant to emphasise this point. Our survival is in God's hands, not ours.

Jesus insists that he is the true bread from heaven; he is the real basis of our survival. The people followed him because they saw him as a source of bread; they did not realise that he is really the source of life. If we fill ourselves with all that the world provides as nourishment we will still hunger. Only faith in Jesus can satisfy our deepest hungers, and we will not be able to survive apart from him.

Acceptance of Jesus as the source of our life and the very nourishment of our spirits effects a total transformation in us. We will no longer be content to live with full bellies but empty minds. We will put aside our old selves steeped in ignorance and self-interest and put on a new self, created in his image. Having fed on the bread from heaven, we will be mysteriously transformed into it. The spirit of our minds will be renewed by his teaching. As a result, we will be able to launch out into a way of living that witnesses to our new understanding, our new life.

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# HOLY TRINITY

## CATHOLIC PARISH

Incorporating the Mass centres and communities of

Holy Trinity      Our Lady Star of the Sea      Holy Family  
34 Stevens St      68 John Dory Drive      101 Hitchcock Ave  
Queenscliff      Ocean Grove      Barwon Heads

We acknowledge the traditional custodians of the land on which we gather, the Wathaurong people. We pay our respects to them for their care of the land. May we walk gently and respectfully in the land.

We are committed to the safety, wellbeing and dignity of all children, young people and vulnerable adults.

### PASTORAL TEAM

Rev Fr Darien J Sticklen

Parish Secretary: Mrs Daniella Sutera

Admin Support Officer: Mrs Catherine Joyce

Parish Office & Presbytery  
34 Stevens Street, Queenscliff 3225

Telephone: (03) 5258 1673

Email: [queenscliff@cam.org.au](mailto:queenscliff@cam.org.au)

### PARISH WEBSITE

[www.holytrinityqueenscliff.org.au](http://www.holytrinityqueenscliff.org.au)

### Office Hours:

Tuesday, Wednesday, Thursday, Friday  
10:00am to 1:00pm  
*excluding public holidays*

### PARISH PRIMARY SCHOOLS

St. Aloysius, Queenscliff

Principal: Ms. Fiona Dawson, Tel: 5258 1736

Our Lady Star of the Sea, Ocean Grove

Principal: Ms. Kerry Sells, Tel: 5255 4308

### WEEKEND MASS TIMES

BARWON HEADS:      Saturday Vigil 6:00pm  
                                 Sunday 9:30am, Mass for  
                                 St Mary's Syro-Malabar  
                                 Community (Malayalam  
                                 language)  
OCEAN GROVE:      Sunday 9:00am  
QUEENSCLIFF:      Sunday 11:00am

### WEEKDAY MASS TIMES

**Please see below:** Liturgy in our Parish this week

### **THE SACRAMENT OF RECONCILIATION**

is available prior to each weekend Mass

### **BAPTISMS & WEDDINGS**

Please visit our website or contact Parish office

**Please send in bulletin notices by Thursday**

## 18<sup>th</sup> Sunday in Ordinary Time Year B

### Anniversaries 1- August to 7- August:

John Burns, Tasman Blizzard, Joan Connor, Peter Johnston, Jack Hussey, Noreen Lambert, Valerio Princi, Reno Grech and Margaret Hall.

### Please pray for those who are Sick:

Peg Benham, Mary Blonk, Ellen Bourke, Ron & Helen Carter, Sam Caruana, Patricia Clarke, Carmel Conte, Jack Davin, Ian Downing, Margaret Dyer, Isabel Fitzgerald, Nell Fraigneux, George Frances, Kay Freyne, Ross Gilham, Jo Green, Peter Harrington, Jeannette & Laurance Hodgkinson, Kerin Hoye, Robert Hurley, Gary Kingsbury, John Kirkman, Hilda Koertjes, Margaret Lomas, Jack Loughnan, Cas Lukauskas, Belinda Monterosso, Robyn Nagle, Christine Naulty, Beverley O'Meara, Helen Pearce, Mavourneen Ray, Daniel & Geraldine Richards, Betty Rushton, Mac & Mary Sullivan, Cooper Thorley, Eraldo (Aldo) Trentini, Deanne Warren, Susan Weston, Peter Williams.

### ROSTERS

*If you are unable to meet your commitment on your day, please arrange a substitute. Thank you!*

### COUNTERS: Tuesday 3- August at 10:00am:

Mike and Barbara Hardy.

**Restrictions have eased for the State of Victoria and we are able to celebrate Mass.**

**Bookings are not required for Ocean Grove and Queenscliff. To book your attendance for Barwon Heads, please contact Sue Casey on 0418 290 703.**

**There continues to be strict limits on the number of people attending a religious gathering. We must adhere to the 1 person per 4sqm density limits with 'COVID Check In Marshalls' in place:**

**Barwon Heads – 40 people can safely celebrate Mass  
Queenscliff – 60 people in the Hall and 30 people in the Church can safely celebrate Mass  
Ocean Grove – 100 people can safely celebrate Mass**

**All other guidelines apply; the wearing of masks indoors/outdoors, QR code check-in and hand sanitising.**

### **\*\* NEWS & EVENTS \*\***

**If you require Pastoral care & support, or you are aware of others who may need assistance, please phone our Parish office. Mobile number for emergencies is on the recorded message.**

### **RADIO BROADCASTS of SUNDAY MASS:**

- Sunday 7:00am on Light FM 89.9
- Sunday 10:00am on The Pulse 94.7 FM

### **TELEVISED SUNDAY MASS:**

- Channel 10 / 10HD: *Mass for You at Home*, every Sunday at 6:00am.
- C31 (Channel 44 on digital TVs): *St Patrick's Cathedral Mass*, every Sunday at 11:00am.
- Foxtel Aurora channel 173: *Mass*, every Sunday at 6:00am.

### **ONLINE MASSES AND RESOURCES:**

- <http://bit.ly/MassOnDemand>
- <https://melbournecatholic.org.au/Mass>

**Upcoming annual appeals and collections:**

- The (postponed) Propagation of Faith annual collection will be held this weekend, 31 July and 1 August.
- CatholicCare Sunday Appeal will be held next weekend, 7 and 8 August.

*Please give generously, as you always do.*

**Please pray for the Our Lady Star of the Sea Grade 4 students** celebrating their 1<sup>st</sup> Eucharist with special Masses this Sunday and next Sunday.

**Geelong Catholic Diners' Club:** Come join us for a two-course evening meal, a guest speaker and the opportunity to meet new friends on **Tuesday 10 August at Capri Receptions** (258 Pakington St, Geelong West). This month's our guest speaker is Tessa Davis (Day Office Manager at Anam Cara House). We are open to members of all faiths. Appetisers begin at 6:15pm, followed by a delicious meal and dessert for only \$33 per person. For more information and reservations, please phone or text John Santospirito at 0409 165 943 by Friday 6 August the deadline for catering purposes

**Parish Liturgy Report**

The Feast of the Assumption of Our Lady will be celebrated on Sunday 15th August. Some parishioners have expressed interest in meeting that afternoon to pray the Rosary together. If you would like to join in, please phone Von Philp on 0438 191 196.

Restrictions permitting, Father Darien will be away on leave from Monday 16th to Wednesday 25th August inclusive. As leader of our Liturgy Team, Von Philp will be seeking help with Lay-Led Liturgies of the Word with Holy Communion on weekdays during that time. Weekend Masses will be celebrated by Fr Geoff Baron on 21st & 22nd August. Sincere thanks to Fr Geoff for helping our parish in this way.

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**LITURGY IN OUR PARISH THIS WEEK**

**Monday 2<sup>nd</sup> August – St Eusebius of Vercelli and St Peter Julian Eymard (Memorial)**

**Tuesday 3<sup>rd</sup> August – St Dominic (Memorial)**

9:15am Mass at Our Lady Star of the Sea, Ocean Grove

**Wednesday 4<sup>th</sup> August – St John Vianney (Memorial)**

9:15am Mass at Holy Trinity, Queenscliff

**Thursday 5<sup>th</sup> August – Weekday, Ordinary Time 18**

9:15am Mass at Our Lady Star of the Sea, Ocean Grove with Our Lady Star of the Sea Grade 4 students attending

**Friday 6<sup>th</sup> August – The Transfiguration of the Lord (Feast)**

9:15am Mass at Holy Trinity, Queenscliff

**Saturday 7<sup>th</sup> August – St Sixtus II and St Cajetan (Memorial)**

**Sunday 8<sup>th</sup> August – ST MARY OF THE CROSS (Solemnity)**

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*Thought for the Week:*

**Live your life and forget your age.**

*- Norman Vincent Peale.*

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**FLETCHERS**

LOCAL EXPERTS

74 HESSE STREET, QUEENSLIFF | 5258 2833

3/80 THE TERRACE, OCEAN GROVE | 5255 1721

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IT'S A FLETCHERS THING



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**St Vincent de Paul Society**

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**Vinnies No Interest Loan Scheme ("NILS")**

Geelong Vinnies NILS provides people on pensions & low incomes with loans up to \$1500 for essentials such as whitegoods, TVs, computers, medical & dental services, car repairs, etc... with absolutely no interest or fees! For further information, contact Vinnies NILS Tel 5229 8829 or email [enquiries.nils@vinniesnils.org.au](mailto:enquiries.nils@vinniesnils.org.au).



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